



SCHOOL MENU

Milk and Water are offered at meals, Juice is offered during PM Snacks

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 6:45 AM TO 7 AM (SA) 8:00 AM TO 8:30 AM (CHILDREN)	APPLE PLAIN CHEERIOS INFANT: -OATMEAL CEREAL MILK	BANANA TOTAL CORNFLAKES INFANT: -RICE CEREAL MILK	PINEAPPLE SHREDDED WHEAT SQUARES INFANT: - OATMEAL CEREAL MILK	APPLES HONEY BUNCH OF OATS INFANT: -RICE CEREAL MILK	APPLES BARN FLAKES INFANT: -OATMEAL CEREAL MILK
LUNCH 11:00 AM TO 12:00 PM	CHICKEN FAJITA WHITE RICE WITH CARROT AND PEAS WITH RANCH DRESSING PEAR	TUNA FISH SANDWICH WITH WHOLE WHEAT BREAD SERVED WITH LETTUCE PINEAPPLE	BLACK BEAN BURRITO FILLING WITH TORTILLAS WRAPS CHEESE AND CORN APPLE	MAC AND CHEESE WITH PEAS AND CARROTS WATERMELON	MEATBALLS WITH SPAGHETTI AND PASTA SAUCE WITH MIXED VEGETABLES PINEAPPLE
PM SNACKS 2:15 PM TO 2:45 PM	ANIMAL CRACKERS JUICE	GRAHAM CRACKERS JUICE	GOLD FISH JUICE	GARDEN VEGGIE CRACKERS JUICE	TORTILLA CHIPS WITH CHEESE AND SALSA JUICE
DINNER 4:15 PM TO 4:45 PM	CHICKEN FAJITA WHITE RICE WITH CARROT AND PEAS WITH RANCH DRESSING PEAR	TUNA FISH SANDWICH WITH WHOLE WHEAT BREAD SERVED WITH LETTUCE BANANA	BLACK BEAN BURRITO FILLING WITH TORTILLAS WRAPS CHEESE AND CORN APPLE	MAC AND CHEESE WITH PEAS AND CARROTS WATERMELON	MEATBALLS WITH SPAGHETTI AND PASTA SAUCE WITH MIXED VEGETABLES PINEAPPLE

No artificial colors, flavors or sweeteners added, globally and culturally inspired dishes

Fruits: - Fruits will be served based on availability.

"Healthy eating is a form of self-respect. Our goal is to guide children in learning to serve themselves, make good food choices, and enjoy meals together in a family-style setting – building lifelong habits of nourishment and connection."